



Sportive Massage

Manual therapy based on the relief and treatment of muscular pathologies (contractures, muscular spasms, lumbalgias, cervicalgias, tendinitis etc...), deep articulation and stretching mobilizations.

High Season

40' | 70.00€ • 60' | 90.00€

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Relaxing Massage

Manual therapy, which purpose is to relax the patient. It differs from the sportive massage because of its smoother cadence and its sedative passes and it has the goal of bringing the patient to muscle relaxation and mental disconnection, using also essential oils. Without any doubt the best choice to get rid of stress.

High Season

40' | 70.00€ • 60' | 90.00€

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Foot Massage

This massage considers the sole of the foot as a source of information that allows the therapist to understand the energy balance and work in function of it. On the sole of the foot there are the nerves that connects to our organs. By touching them through the massage, we can improve the general well-being.

High Season

40' | 70.00€ • 60' | 90.00€

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Facial Massage

This massage is full of aesthetic benefits besides being pleasant and relaxing. Combined with the cranial pressure (it consists of stimulating energy points located in the middle line of the skull, beginning of vertebrae, trapezoids, etc...), mental fatigue is beaten.

High Season

40' | 70.00€ • 60' | 90.00€

Reservations:

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